

Worship and Activity This Week

Today	5.00pm	Office hour @ St Anne's
Mon	8.00pm	Giving in Grace Meeting @ 132a Dane Road
Wed	9.00am	Musicians' Meeting @ Vicarage
	10.00am	Eucharist
	12 noon	Lunch in the Church Hall - open to all
	8.00pm	Evening Worship - Compline
Thu	8.00pm	Women's Group @ St Anne's Church Hall*
Fri	7.15am	Eucharist
	9.00am	Morning Prayer @ St Francis
Sat		Day of Prayer @ St Anne's
	9.00am	Morning Prayers
	10.30am	- 12.30pm ACF Coffee Morning at 7 Holmdale Court (corner of Northenden Road and Derbyshire Road_
	3.15pm	Afternoon Prayers
Next Sunday - 2nd August		
	8.00am	Eucharist
	10.00am	Parish Eucharist [St Anne's] Sung Eucharist [St Francis]
	6.00pm	Evening Prayer @ St Anne's

Turkish Evening

At the Women's Group on Thursday there will be a **belly-dancing** demonstration and opportunity to "have a go" (not compulsory). As usual everyone is welcome to join us, and if you could bring along some food and drink to share - on a Turkish theme if possible - that would be great.

Rev. Janet 962 8981

Contact Details

Baptisms, Blessings, Weddings - speak to any of the clergy after the service. They will be at the back of church. Spot the dog collar! Our monthly parish magazine **The Spire** has a full list of contact details for clergy and organisations on the back cover. For this sheet, email joanie@sneakmail.zzn.com by Wed.

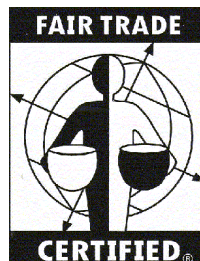
News from the Church Family

Please pray for the family of **David Wilburn** who died recently and for **John Mason** Diocesan Secretary who is undergoing treatment for Cancer.

No need to rush off

You're welcome to look round the church—there's a bookstall with a new range of home-made greeting cards, a stall of fairly traded products, prayer displays, reading materials and, of course, notices, flowers, monuments, stained glass....

Or spend some quiet time.



INSPIRATION

St Anne's, Sale with St Francis, Sale Moor
0161 973 4145 www.stannessale.org



7th Sunday after Trinity

26th July 2009

Welcome

We hope you will enjoy being with us. If you're not familiar with our services, don't worry. We follow a written order of service and we'll tell you from time to time which page we're on.

Children are welcome in church and in crèche across the road in the hall. If your children get restive in church, don't be afraid to get up and move around if this helps. There is a toilet at the back of church.

At St Anne's today

- 8am We use the black service book (from page 207)
President: Janet Parker, Curate
- 10am We use the slim green service book
President: Julian Heaton, Vicar
Assisting: Olwyn Marlow, Assistant Priest
- 6pm Evening Prayer
Led by Janet Parker, Curate

At St Francis' today

- 10am We use the slim green service book
President: Janet Parker, Curate

Bible readings
for today's services are on the next page.



Bread on the Table

I was really proud of the pile of broad bean pods I brought in this week. Green, bulging, home-grown. Proud, until my wife gently pointed out that a] there was probably enough for two meals and b] the chickens had already rejected the outer casing as beneath their picky palates.

Most of the time I can purchase beans from the supermarket at my own convenience. Growing food may be fun, reduces cost (just about) but it is not a necessity for most urban dwellers. We do not live a hand-to-mouth existence.

Those who met Jesus in today's bible passage knew life rather differently. For them food was a daily anxiety. Hence, in the Lord's Prayer, there is that line "Give us, today, our daily bread" because often people lacked life's basics. When we are desperate we want a direct, simple fix to our problems. Maybe that is why they could not hear the deeper nature of what Jesus offers, namely himself as the Living Bread. Over the next few weeks we will hear John Chapter 6 and ponder this "food for life".

Today's readings

A reading from the letter of Paul to the Ephesians [Ephesians 3.14-21]

I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God. Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

This is the word of the Lord.
Thanks be to God

Hear the Gospel of our Lord Jesus Christ according to Mark [John 6:1-21]
Glory to You, O Lord

Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to

test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world." When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself. When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, "It is I; do not be afraid." Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

This is the Gospel of the Lord
Praise to You, O Christ

Call to conversion

Is there someone among you who desires to be satisfied and would like this desire to be fulfilled? Then let him begin to be hungry for righteousness, and he cannot fail to be satisfied. Let him yearn for those loaves which abound in his father's house, and he will immediately find he is disgusted with the husks of swine (see Luke 15:11 ff). Let him endeavour; however little, to experience the taste of righteousness that he may desire it more and thus merit more; as it has been written: 'He who eats me will hunger for more, and he who drinks me will thirst for more' (Sirach 24:21).

This desire is more akin to the spirit, and because it is natural to it, the heart is more eagerly preoccupied with this and manfully shoves out all other desires. In this way a strong man fully armed is overcome by one stronger than he; in this way one nail is driven out by another. 'Blessed are they who hunger and thirst for righteousness' (Matthew 5:6). Then, 'for they will be satisfied'. Not yet by that one thing by which we are never sated, the one thing by which we live, but by everything else, all those things for which we previously longed insatiably, so that thereafter the will ceases delivering up the body to obey its former passions, and delivers it over to reason, urging it to serve righteousness for holiness' sake with no less zeal than it formerly showed in serving evil for iniquity's.

**Bernard of Clairvaux,
Sermons on Conversion**

Swine Flu and Communion

The Archbishops of Canterbury and York write; *The Department of Health have recently advised us that "in a pandemic it makes good sense to take precautions to limit the spread of disease by not sharing common vessels for food and drink". In the light of this advice, we recommend those presiding at Holy Communion suspend the administration of the chalice during this wave of pandemic flu.*

We will administer communion in one kind only until advised.

The administration of Holy Communion in the Church of England is principally governed by section 8 of the Sacrament Act 1547, which provides that

'... the... most blessed Sacrament be hereafter commonly delivered and ministered unto the people... under both the kinds, that is to say of bread and wine, except necessity otherwise require...'

It is thought that the permission for administration of the sacrament in one kind only in cases of necessity was included because communicants were unwilling to drink from a common cup in times of plague.

They are right. Very briefly, about sharing the **Peace**: if you are at all unsure about your own health, please be extremely cautious about sharing the Peace.

For more information please see <http://www.cofe.anglican.org/news/swineflu230709.html>

